

Gifts of Hope 2019

The spirit of change

Catalog

Gift of Hope	PAGE
Alzheimer's Foundation, Portland	3
Backpack Buddies	4
Community Transition School	5
Family Promise of Tualatin Valley	6
Habitat for Humanity Willamette West	7
Heifer International	8
Lake Oswego Transitional Shelter Ministries	9
Lines for Life	10
Operation Nightwatch	11
Outside In & Home Plate	12
Peacetrees Vietnam	13
Phoenix Rising Transitions	14
Special Olympics of Clackamas County	15
Sunnyside Suppers aka Beacon PDX	16
The Nest, Boys and Girls Aid	17
The Father's Heart	18
UMCOR	19
Worksheet to track your donations	20

The Gifts of Hope Fair is Held for the purposes of benefiting worthy causes while drawing our community together in a festive celebration around common values and alternatives to a commercial culture

How to shop the Gifts of Hope Fair.

Take time to look through the catalog and see what is available at our Gifts of Hope Fair. Make a list of people you want to honor with a gift that will benefit others. Feel free to use the Shopping List enclosed to record your ideas.

You can shop at the Gift of Hope Fair or by using the form at the end of this catalog. The gifts we are “selling” are gift items. You shop just like you would at a traditional holiday fair, except that the gift item might be a flock of chicks for a family in Bolivia (Through Heifer Project International), a window for an affordable house being built (through Habitat for Humanity), or a warm blanket for a homeless person (through Operation Nightwatch). At the Fair on December 9th there will be a table for each selected organization. People at each table can answer your questions and help you choose the perfect gifts.

How to Shop **At the Fair**

1. Pick up a Donation Sheet as you enter the fair.
2. As you visit each table of interest to you, make a note on your sheet of how much you want to contribute to each cause.
3. Pick up a card you can send to the people you are honoring.
4. Also pick up an ornament and hang it on the Christmas Tree.
5. When you have completed all your selections, go to the check out table and pay for your Gifts of Hope.

The sheet is yours to keep but it is also needed to check out and make your payment. When you are ready, go to the check-out table and make your payment. You may pay with cash, check, or credit card.

If you can't make it to the fair, complete the form at the end of the catalog. Make a copy and turn it in with your payment in an envelope marked “GIFTS OF HOPE”

May this holiday season take on added significance for you as you give of yourself to others.

Facts About Alzheimer's



Unless Remedies are found, here are the projections for **OREGON**

Year	65-74	75-84	85+	Total
2017	10,000	25,000	28,000	63,000
2020	12,000	29,000	28,000	69,000
2025	13,000	40,000	32,000	84,000

You can help with a generous donation that will go to Alzheimer's Association of Oregon.

Backpack Buddies



What is **Backpack Buddies**?

You probably already know that there are children in the public school system who receive a free lunch. There are some who get breakfast, too. Did you ever stop to think what these kids are eating over the weekend? Many of these children are sent home at the end of each week to a house with little or no food until the following school day. They are hungry little children who are too young to get an after-school job to fend for themselves.

This is where **Backpack Buddies** steps in. **Backpack Buddies** is a nation-wide program that is managed locally. The Clackamas County School District provides meals to hungry students each weekend. Recipients are screened by the Oregon Department of Human Services to guarantee that these meals go to the neediest families.

What goes in the Backpacks?

A typical backpack might contain the following:

- granola bar, peanut butter, fruit cup,
- pull tab/pop top can of noodles,
- can of protein (meat, chili),
- peanut butter or cheese crackers,
- small box of raisins,
- juice box,
- apple sauce,
- trail mix or nuts,
- fruit (apples, oranges), and
- can of soup



How Can I Help?

\$15 to feed one child for one month

\$60 to feed one child for 4 months

\$125 to feed one child for 9 months

___ other amount

Community Transitional School



Community Transitional School



Community Transitional School

Community Transitional School (CTS) is a private, non-profit pre-K-8th grade school for children whose families are homeless or in transition throughout a 120-mile area in and around Portland. CTS provides stability for children, 4 to 14 years old, who often don't know where they will sleep on any given night. They live in homeless shelters, motel rooms, or doubled up with other families. Sometimes they sleep in cars or tents. All are in situations where poverty and uncertainty are dominant forces. These children are at great risk of making the same choices their parents made. The school's goal is to stop the cycle of homelessness and poverty for these children by providing a stable learning place. CTS has served more than 5,000 students since it began in 1990.

What CTS provides to its students:

- **Stability.**
- Door-to-door **transportation** to and from school on CTS school buses no matter how suddenly or how often students move around Portland and its outskirts.
- Classrooms taught by **experienced teachers** who have learned how to motivate children who have low self-esteem and who receive little encouragement from their parents.
- Lessons in self-control, perseverance, determination, accountability and similar **traits needed for success** in school and life.
- **Necessities:** Breakfast and lunch, food to take home, school supplies, clothes and hygiene products.

How Can I Help?

Your gift of any amount will help pay for general operating expenses, including school bus fuel and repairs, building utilities and maintenance. CTS is funded almost entirely by private donations. Multnomah County provides about 9 percent of CTS funding.

- \$10 donation**
- \$25 donation**
- \$50 donation**
- ___ other amount**



Family Promise of Tualatin Valley



Affiliated with Family Promise in the United States



Family Promise of Tualatin Valley (FPTV) helps homeless school children and their families gain housing and independence. A network of religious and civic organizations in Tigard, Tualatin, Sherwood, and Lake Oswego work together to provide shelter, meals, resource assistance and a path to sustainable housing. FPTV is affiliated with the national Family Promise organization. Nationally over 80% of the Family Promise families are successful in securing permanent housing in only a few weeks. This success is due to the work of a paid director and case worker assisted by volunteers that host and support the families. Volunteers, young and old, meet with the families enriching the experience of both.

Your contribution honoring a friend or family member supports children and their parents recover from homelessness. It will help provide staff, resources, Day center operation and the coordination necessary for the success of Family Promise.

___ \$10 to provide supplies for the Day Center

___ \$20 helps pay the utility bills including computer access for job searches

___ \$50 helps pay the salaries for the professional staff that supports families

Habitat for Humanity

HABITAT FOR HUMANITY



Creating a world where everyone has a decent place to live.

What does Habitat for Humanity do in our area?

Willamette West Habitat for Humanity is dedicated to fostering home ownership and improving our community by building simple, decent, affordable housing with a neighborhood emphasis. Since 1988, we have helped 105 families in Washington County, and will sell nine new homes in 2016.

Habitat works in partnership with low-income families, volunteers, donors, and organizations to receive donated materials, volunteer labor and generous financial gifts. Qualifying families purchase habitat homes by contributing 500 hours of "Sweat Equity" building Habitat homes and a down payment. They receive a zero-percent interest rate mortgage (0% APR) and monthly payments structured to their income. Mortgage payments from Habitat homes go into a fund which is then recycled back in to the community building more Habitat homes.

Our focus in Washington County, on the Portland Oregon Metro Westside, includes the cities of Beaverton, Hillsboro, Tigard, and Tualatin, and in parts of Clackamas county including Lake Oswego, West Linn and Wilsonville. You can be assured that your gifts of time and resources stay in your community, helping your friends, neighbors and co-workers.

How Can I Help?

Willamette West is one of 32 Oregon affiliates and 1,500 nationwide affiliates of Habitat for Humanity International, working to help struggling families out of the circle of poverty by giving them a hand up, not a hand out.

- \$10 box of nails**
- \$25 paint**
- \$50 toilet**
- \$75 window**
- \$100 kitchen sink**



Heifer International



A Midwestern farmer named Dan West was ladling out rations of milk to hungry children during the Spanish Civil War when it hit him — “These children don’t need a cup, they need a cow.” That was the beginning of the **Heifer Project**.

Heifer International is bringing an end to world hunger through unimaginable blessings. Today, millions of people who were once hungry will be nourished by milk, eggs and fresh vegetables. Families who for generations knew only poverty will be building new homes and starting businesses. Children who once headed out to the fields to do backbreaking work will be heading into schoolrooms to learn to read. And people who never thought they’d be in a position to help someone else will be experiencing the joy of charitable giving.

How is this possible? With Heifer’s proven approach to helping people obtain a sustainable source of food and income. For 65 years, millions of people, in over 128 countries have been given the gifts of self-reliance and hope, thanks to **Heifer International**.

Heifer envisions a world of communities living together in peace and equitably sharing the planet, has a mission to work with communities to end hunger and poverty and to care for the earth, and uses a strategy to “pass the gift.” As people share their animals’ offspring with others—along with their knowledge, resources, and skills—an expanding network of hope, dignity, and self-reliance is created that reaches around the globe.

What Can I Do?

- \$10 pig share**
- \$10 rabbit share**
- \$10 sheep share**
- \$20 flock of chicks**
- \$50 heifer share**



Lake Oswego Transitional Shelter Ministry



The Lake Oswego Transitional Shelter Ministry (LOTSM) is a coalition of six (6) Lake Oswego congregations that works in partnership with Clackamas County Social Services. LOTSM provides two self-contained apartments for families after they have lived in a short term emergency shelter. Housing is provided for six months (sometimes longer or a case by case basis). This gives time for families to qualify for housing vouchers, save money and work with a professional social worker. Church volunteers provide support for the guest families.

Monetary donations are used for apartment maintenance, utilities and matching funds that encourage families to save.



How Can I Help?

In order to continue providing services and additional shelters for the homeless, monetary donations are very important.

\$10 donation

\$25 donation

\$50 donation

___ other amount

Lines for Life



YouthLine is a free and confidential peer-to-peer crisis line for teens about bullying, substance abuse, depression, self-harm, dating violence and other issues.

YouthLine began in 1999, when, in response to the alarming statistics on youth alcohol and drug use and related teen issues, a group of Portland youth decided to fight back by creating a teen crisis hotline at Oregon Partnership (now known as Lines for Life). They researched other teen lines across the country, designed a plan for '**YouthLine**,' and began answering calls in January 2000. Since then dozens of youth have logged thousands of hours in training and volunteering to be there for teens in their time of need. No judgment, no shaming, just listening and supporting via phone, online chat or texting. Teen volunteers are available to help Monday – Thursday from 4-9 PM, and the phone line is open 24/7 thanks to the wonderful people that take calls on the National Suicide Prevention Lifeline.

Lines for Life is dedicated to preventing substance abuse and suicide because they affect so many families in our society. YouthLine is a wonderful source for adolescents who are in need of help, as well as those that just need a peer to listen to them.

How Can I Help?

In order to help Lines for Life fund YouthLine AND to enable teens to be available for one-on-one counseling, monetary donations are needed.

\$25 will provide bus passes for teen counselors

\$50 will help pay for Zip Car transportation for volunteers

\$50 will help pay YouthLine phone bills

___ other amount

**Oregon
youthline**



Operation Nightwatch is a non-profit organization of friendship and community that has been serving the street population of downtown Portland since 1981. It began as a street ministry, its volunteers approaching the homeless in the doorways, loading docks, and campsites where they had bedded down for the evening.

In time, a [Hospitality Center](#) was established, to which the homeless and other low-income people could gather with others for the evening, socializing, sharing stories, and playing games over sandwiches and coffee. The [Hospitality Center](#) has since become the hub of **Operation Nightwatch's** activities, from its foot-care clinics to its monthly Birthday Nights and Comedy Movie Nights. It also is a place where people can be supplied with blankets, clothing, and personal hygiene items at a time of day when no other helping agency is open.

In 2010 **Operation Nightwatch** expanded its services into SE Portland to meet the increasing need of unhoused Portlanders outside the downtown area. Operation Nightwatch also began its mental health initiative in 2016, and now has an on-site mental health operation at its downtown location. This staff member provides drop-in mental health counseling to any guest who requests it, free of charge.

Whereas other agencies exist to provide services such as housing, food, and clothing to the homeless, low-income and mentally ill, **Operation Nightwatch's** unique vision is that these populations also suffer from simple social isolation. Their simple mission is to reach out to them, nurturing relationships. They welcome each person who comes to them, just as they are. No one is required to conform to any particular belief or faith practice.

How Can I Help?

- \$10 provides socks**
- \$15 provides raingear**
- \$20 provides a blanket**
- \$50 provides a sleeping bag**
- ___ other amount**



Outside In & Home Plate



Outside In

Operating in Portland since 1968, Outside In has helped homeless and marginalized youth become independent. **Homeless Youth Services** and **Medical Services** meet changing community needs. We are...

Service providers and advocates.

Experts in understanding adolescents.

A Federally Qualified Health Center.

A licensed Mental Health Agency.

Leaders in serving LGBTQ youth.

Outside In believes

in dignity, hope and resiliency

in innovation

our clients can get through current challenges

in meeting people where they are

in a strength-based approach

Donations provide supplies for meals for **Outside In**, prepared once a month by LOUMC youth.

Home Plate

In the Spring of 2016 the West Linn Food Pantry partnered with Willamette Primary School for a weekend “backpack” type program that we call **Home Plate**. This program provides a brown bag filled with nutritious food to help children get through the weekend who might otherwise go without. This program has been very successful and has expanded to include three additional primary schools in West Linn.

Donations provide supplies for Home Plate bags assembled by LOUMC middle school students and distributed by the West Linn Food Pantry.

Your gift in honor of someone you love helps children and youth throughout the Portland Metro area.

Peace Trees Vietnam



PeaceTrees VietNam

Healing the Land • Building Community • Planting Futures



PeaceTrees VietNam, is a Seattle-based humanitarian organization working in Central Vietnam to assist those whose lives and livelihoods are threatened by the explosive remnants of war. Founded in 1995 after diplomatic relations between Vietnam and the United States were normalized, **PeaceTrees VietNam** mission was to renew relationships with the people of Vietnam and to promote a safe, healthy future for children and families. **PeaceTrees VietNam** was the first non-governmental organization allowed in Vietnam to engage in humanitarian demining work..

What They Do

PeaceTrees VietNam sponsors demining and mine risk education, survivors' assistance, and community building projects, micro-lending programs in partnership with the people of Quang Tri and Quang Binh Provinces. To date they have cleared 590 acres of land, removed 78,507 items of unexploded bombs and munitions, planted 45,200 indigenous trees, provided medical care to 950 victims of explosive accidents, and 200 scholarships. In addition they have built 100 homes, 11 libraries and 8 kindergartens. More than 40 years after the war's end, nearly 85% of the land remains unsafe, riddled with landmines, bombs, grenades and other unexploded ordnance.

How Can I Help?

Your donation will save lives and build programs that support people of Quang Tri Province, Vietnam.

\$10 donation for trees

\$25 donation for school supplies and library books

\$50 donation for medical treatment

\$100 donation for demining work

___ other amount





“Incarceration creates a host of collateral consequences that include restricted employment prospects, housing instability, family disruptions, stigma, and disenfranchisement. These consequences set individuals back by imposing new punishments after prison”
(Nellis, 2016)

What is Phoenix Rising Transitions?

PHOENIX Rising Transitions is a nonprofit 501 (c) 3 organization in the Portland (Oregon) metropolitan area working in prisons and the community partnering with those who are incarcerated to make a smooth and successful transition into the community as they are released. Phoenix Rising is also a member of the Metropolitan Alliance for Common Good, MACG.

The goal is to transform lives and reduce the likelihood that people will commit new crimes and return to prison. They do this through skill-building and relationship-building, both before and after release from prison. They also aim to transform the community in order to make successful transition more attainable. We do this through community organizing action.

Community In Reach Projects — Volunteers go into the prison to participate in trainings and classes to teach and learn alongside incarcerated students. The relationships that are fostered are the basis of mentor relationships that continue in the community. Classes offered are Relational Culture Strategies (leadership development) and Life Skills.

In-the-Community Projects — Community organizing-style leadership training and Nonviolent Communication classes continue in the community. The Mentor Project matches a community volunteer, an ex-convict Cultural Advisor and the mentee for one year.

PHOENIX Transition House is available to men coming out of prison. Located in Gresham, Oregon, it is a “clean and sober” (drug and alcohol free) environment.

They are former prisoners, prisoners and community members working toward the transformation and success of people as they rejoin the community after prison.

How Can I Help?

Your donation goes to help prisoners make the transition to responsible citizenship.



Special Olympics Oregon – Clackamas County



Special Olympics **Oregon** **Clackamas County**

Special Olympics Oregon (SOOR) is a not-for-profit 501(c)(3) charitable organization for the purpose of providing sports training and athletic competition for persons with mental disabilities.

Special Olympics Oregon serves more than 10,000 participants throughout the state, nearly 70,000 people with intellectual disabilities could benefit from participating in Special Olympics. Still growing, Special Olympics Oregon is efficiently expanding programs to get closer and closer to serving every individual with intellectual disabilities that qualifies to participate in Special Olympics.

Special Olympics Oregon offers training and competition opportunities in 14 different Olympic-style sports: basketball, alpine skiing, Nordic skiing, snowboarding, powerlifting, track & field, golf, softball, bocce, aquatics, bowling soccer and volleyball. There are three sports seasons throughout the year, with statewide competitions and training in winter, summer and fall. Special Olympics athletes train intensely with volunteer coaches for eight weeks prior to each State Games event.

The impact a donation makes:

- teaches “tools for Life”
- provides health education and fitness training
- teaches skills that increase the potential for employment and independence
- promotes community volunteerism
- improves education performance
- promotes greater respect for individuals with intellectual disabilities
- provides critical networking and information exchange for families
- impacts the economy

How Can I Help?

Your donation will allow children and adults with intellectual disabilities living in Clackamas County to gain Training for Life.

\$10 donation

\$25 donation

\$50 donation

___ other amount



BEACON PDX

Neighbors helping neighbors meet their basic needs with dignity and grace.

Who and What

In June 2019, after years of service to SE Portland's homeless and marginalized communities using space in Sunnyside Methodist Church at 35th and Yamhill, the program was given 90 days to vacate. The people supporting this work, now called Beacon PDX, are looking for a new home. Meanwhile, services are still being provided with a team of volunteers..

Beacon PDX is committed to fostering connections with our friends who live on the streets or in the margins. Personal and financial support comes from a core team of volunteers made up of individuals who worked at Hard Times Supper—folks from across the city and from each of the partner congregations including churches Bridgeport UCC, Unity Church, *Lake Oswego United Methodist*, Hope Korean Presbyterian, Metanoia Peace Community United Methodist Church, and others.

Beacon PDX is a project endorsed by LOUMC's Outreach Committee.

“We are all in it together.” Beacon PDX goes where the need lives and shines like a beacon, letting folks know there are people who care and people who want to help. Once a neighbor has let us know his/her/their needs, they will:

- Offer supportive relationships
- Commit to regular meetings
- Help in making and keeping appointments
- Aid in filling out paper work
- Help navigating city services
- Connect people with needed health care
- Provide an address for mail and obtaining IDs
- Host regular support group meetings
- Support in goal-setting and making plans
- Meet people where they are without judgment.

Will you help?

Your donation makes a difference to someone in desperate need.

The Nest

The Nest, Boys & Girls Aid



The Nest, a new program organized by Boys and Girls Aid is focused on limiting the number of moves children in foster care make. **The Nest** will stop the trauma that comes with the constant threat of moving. The program staffed with social workers and other skilled personnel will provide a safe place to stay until caseworkers can find crucial long-term placement. The professional staff will have time to search for family connections, give the biological family time to fix the problems that lead to their child or children entering care in the first place or find a foster care placement.

The Nest is committed to helping some of the most at-risk children in Oregon take the first step to finding their forever family.

More information can be found on the web at:

www.boysandgirlsaid.org/stories/2017/10/19/fostercarehotelcrisis



Just like these six siblings found their forever home, you can help the work of The Nest, Boys & Girls Aid through a generous gift of 5, 10, or 25 dollars.

The Father's Heart

603 12th Street, Oregon City



The Father's Heart Street Ministry, a day center in Oregon City, helps men and women find a safe refuge from homelessness, hunger and addiction. The Father's Heart is open Tuesday through Friday and provides three meals a day, a clothing exchange program, showers, monthly hair cuts, twice monthly medical services, free computer stations, Veteran's Administration Supportive Housing (VASH) program for homeless veterans and helps with homeless IDs.

LOUMC provides volunteers for this program and makes lunch for 100 clients once a month. Gifts to this program will be used to purchase food for the lunches.

__ \$ 1.50 will buy one meal

__ \$ 9 will pay for 6 meals

__ \$ 15 will pay for 10 meals

United Methodist Committee on Relief - UMCOR



The **United Methodist Committee on Relief (UMCOR)** is a humanitarian relief and development agency. **UMCOR** responds to natural or human-made disasters—those interruptions of such magnitude that they overwhelm a community's ability to recover on its own. **UMCOR's** mission is to alleviate human suffering—whether caused by war, conflict, or natural disaster—with open minds and hearts to all people.

UMCOR Supply Kits help to care for the most vulnerable people during times of crisis. They also help to sustain everyday life by providing basic necessities to people who lack ready access to essential supplies.

Four of the essential kits are

- **Birthing Kit:** Birthing kits provide the essential items to promote a safe, clean delivery and to encourage good aftercare.
- **Cleaning Bucket** (formerly called flood bucket): These supplies enable people to begin the overwhelming job of cleaning up after a flood or hurricane.
- **Health Kit:** Health kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Health kits are also used as learning tools in personal hygiene, literacy, nutrition and cooking classes.
- **Layette Kit:** Many women do not have swaddling clothes with which to welcome their child into the world. Layette kits provide basic supplies for their baby's needs.



How Can I Help?

\$8 provides birthing kit

\$12 provides health kit

\$35 provides layette kit

\$55 provides emergency cleaning bucket

___ Other Amount

You can use this page to keep track of the people you are honoring and the total amount you are donating to each cause.

CAUSE	People you want to Honor <i>(be sure to get a card for each person.)</i>	# of People	Total \$ Donated
Alzheimer's of Oregon			
Backpack Buddies			
The Father's Heart			
Community School			
Willamette Habitat			
Heifer International			
LOTSM			
Lines for Life			
Operation Nightwatch			
Outside In			
Peacetrees Vietnam			
Phoenix Rising			
Special Olympics			
Sunnyside Suppers			
The Nest, Boys & Girls Aid			
Tualatin Valley Family Promise			
UMCOR			

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